

Phylis Clay Sparks
Professional Speaker/Teacher CV
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Professional Experience

- **Dale Carnegie Instructor** for eight years, teaching *Human Relations and Effective Speaking* and *Customer Relations and Personnel Development*.
- **Effective Speaking and Presentations Course** for The Soul-Esteem Center and various other organizations.
- **Meramec Community College, St. Louis:**
Taught *Interior Design I, Interior Design II, Interior Design Field Training* and *Textiles* courses.
- **Taught specific class sessions** at St. Louis University and Lindenwood University to include: *Comparative Religions* and *Self-care for First Responders*
- **Community Service Speaking/Teaching Experience:**
U.S. Army Troop Support Command, Lions Clubs, Rotary Clubs, BPW Meetings, Chamber of Commerce, Church groups, various Banks, Reflexology Association of Missouri, Wellness Support Group for Dr. Simon Yu, etc.
- **Classes I have taught and continue to teach:**
Effective Speaking and Presentation Skills, Stress Relief, Meditation, Declarative Prayer, Spiral Spirituality (based on Spiral Dynamics), *The Soul-Math Formula, Mirrors of Relationship, Creating a Prosperity Mindset, Body Language and Human Relations Skills*, and many others.
- **Several projects for which I have rendered complete space planning and interior design services:**
 - The Sunmark Companies
Corporate Offices, Sunset Hills, Mo.
 - Sunline, Inc., Affton, Mo.
 - Breaker Confections, Chicago, Il.
 - David & Sons, Fresno, Ca. and St. Louis, Mo.
 - Willy Wonka Division, Chicago, Il.
 - North American Savings Association
Lee's Summit, Mo., Grandview, Mo., and Kansas City, Mo.
 - Hampton Bank (Commerce Bank), St. Louis, Mo.

- Columbia National Bank (Commerce Bank), Columbia, Mo.
 - Ozark Airlines, St. Louis, Mo.
 - Buffalo Grove Bank, Chicago, Il.
 - Effingham State Bank, Effingham, Il.
 - Clayton Bank, Clayton, Mo.
 - Sunset Country Club, Sunset Hills, Mo.
- **Artist** – Several clients who purchased my oil paintings:
 - Sunset Country Club, Sunset Hills, Mo.
 - The Sunmark Companies, St. Louis, Mo.
 - Bank of Ellisville, Ellisville, Mo.
 - Plaza Bank, St. Louis, Mo.
 - Various other businesses and individuals
- **Founder and Spiritual Director of The Soul-Esteem Center** now in its 19th year, presenting every Sunday as Senior Minister.

Author

- **Book (2001): *Soul-Esteem: The Power of Spiritual Confidence***
- **Book (2016) *FORGIVENESS ... It is NOT what you think it is!***
- **Java Journal Newspaper:** Contributor of two monthly articles 2008-2014
- **Contribute periodic articles** to community newspapers including The Healthy Planet, Spirit Seeker, Pathfinder, Health and Wellness, etc.
- **Recorded Meditation CD: *Listen to the Drummer*** (12 meditations)

Other Career Experience

- Self-Employed Interior Designer and Space Planner.
- Free-lance artist, painter, illustrator and graphic designer.

Education and Training

- BFA, Washington University (1965)
- Dale Carnegie Course Instructor Training
- Ernest Holmes College School of Ministry, Orlando Florida.
Completed three-year curriculum, ordained in 1992.

Hobbies and Interests

- Writing, piano, golf, travel, speaking engagements, teaching/coaching